

Paul Hamlyn Foundation

Opportunities for young people



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Introduction

This publication is an introduction to some of the opportunities for young people that PHF staff are aware of. It's not a complete list, nor is it the last word on this topic. But we are hoping that some of these opportunities will be interesting and relevant. We've also included some basic guidance on [applying for funding](#).

This resource was developed for PHF Young Leaders' Day, an event that was designed for young people from our grantee organisations.

The opportunities are in alphabetical order. There are three types of opportunity included in this document:

- Funding opportunities and advice for **when times are good** – to start a new business or charity, go overseas, go to college etc.
- Funding opportunities and advice for **when times are hard** – when you or friends are struggling to make ends meet, need a place to stay etc.
- **Volunteering opportunities and training programmes** that will help you progress and learn new skills.

Information in this document follows the following format:

Organisation name Website	Type of opportunity	Which geographic areas relevant for
What age people can apply?	What groups of people (eg. high achievers, disadvantaged young people) does the organisation target?	Size of awards / range
Blurb – brief description of what it funds		
Brief description of how to apply		

Opportunities Listings

<p>Buttle UK http://www.buttleuk.org/</p>	<p>Grants to individuals in need</p>	<p>UK-wide</p>
<p>Small grants programme: 18 or under living with parents/ carers <u>or</u> estranged or orphaned vulnerable young people aged 20 or under, living independently</p> <p>School fees programme: 11-18</p> <p>Support for Young People: 16+</p>	<p>Aims to help young people living in poverty.</p>	<p>Small grants programme: maximum grant £300</p> <p>School fees programme: varies</p> <p>Support for young people: varies</p>
<p><u>Small grants programme:</u> Buttle UK's Small Grants provide a personal and fast response to families living in crisis, when there is no one else that can help. By paying for basic items such as a cooker, fridge or bed, its grants offer relief from a critical situation.</p> <p><u>School fees programme:</u> The School Fees Programme is for very vulnerable children and funds places within a UK boarding or independent day school. To be helped, you must have significant health, emotional, social or family difficulties.</p> <p><u>Support for young people:</u> Buttle UK is currently reviewing what support its grant giving should offer the 16+ age group in order to help their transition into adulthood. Funding opportunities are closed due to this review, but look out for more information in the coming months.</p>		
<p>Small grants programme: Visit Buttle UK's website to read the criteria and guidelines and access the application form.</p> <p>School fees programme: Visit Buttle UK's website for more information. If eligible you should then write to the organisation, explaining how you meet the criteria.</p>		

Chance for Change http://www.chanceforchange.org.uk	Year-long funded volunteering scheme	UK, Nepal and Malawi
17+	Disadvantaged young people	12 months
<p>Chance for Change requires you to be responsible for your own personal evolution and to actively put something back into your community. They use an experiential learning programme in an outdoor environment that enables you to be more personally effective and to think entrepreneurially.</p> <p>The UK Rites of Passage programme is 12 months long and begins with a rigorous applications procedure. If a place is won, you will travel to a youth hostel in the Lake District for a two-week residential. During this period, you will form companionship groups and will plan and prepare for a minimum of 16 separate Youth Hostel journeys.</p> <p>The young people will travel in their companionship groups across the UK, planning journeys in parallel to their everyday lives. At the end of the programme your progress will be assessed and if you have engaged successfully you can apply to participate in a 3 week Chance for Change international programme which will take them to Nepal. On your return to the UK you will be offered a six-month work placement, internship or apprenticeship with one of Chance for Change's partner organisations, or within the private sector, and/or will be supported to start a micro-business.</p>		
<p>To find out more visit the Chance for Change website. If you are then interested in getting involved with Chance for Change please email: info@chanceforchange.org.uk</p>		

City Year www.cityyear.org.uk	Volunteering	London or Birmingham
18–25	Those passionate about transforming the lives of children and young people.	11 months
<p>City Year offers you the chance to volunteer full-time as near-peer role models, mentors and tutors in schools in deprived area. City Year recruits high quality graduates and post A level students but they also recruit young people who have not followed an academic path.</p> <p>You must be:</p> <ul style="list-style-type: none"> • Between the ages of 18-25 upon the commencement of volunteering; • Have the passion, commitment and emotional maturity to be an inspiring role model for children and an impressive ambassador for young people; • Eligible to live and work in the EU for eleven months (late August 2013 until late July 2014) and dedicated to volunteering full time with City Year; • Intending to live in London or Birmingham during your volunteer service year; • Completed or in the process of completing any of the following: Level 3 qualifications such as A Level, Access courses, BTEC National Diploma/Certificate, NVQ Level 3, Higher - National Certificate(HNC), Higher National Diploma (HND), International Baccalaureate Diploma or an undergraduate degree. <p>If you do not meet this minimum academic requirement City Year will still consider your application if supported by a recommendation from someone who has worked with you in a professional capacity for at least six months e.g. caseworker, youth leader, employer etc.</p>		
Visit City Year's website to access an application form.		

International Citizen Service www.volunteerics.org	Funded volunteering overseas	UK-wide
18–25	All	12 weeks
<p>International Citizen Service (ICS) is a “once-in-a-lifetime” volunteering opportunity open to all 18 to 25-year-olds, backed by the UK government. It gives you the chance to work side-by-side with local volunteers in developing countries, to make a meaningful contribution to fighting poverty, and to gain valuable skills.</p> <p>ICS is led by VSO in partnership with a hand-picked group of respected development organisations which each offer structured support and training to help and guide you – before, during and after your overseas placement. All UK-based 18 to 25-year-olds are welcome to apply, regardless of background, qualifications, disability and work history.</p>		
Visit the ICS website to find out more and fill in the online application form.		

02 Think Big www.o2thinkbig.co.uk	Funding, support and training to help improve your community	UK-wide
13-25	Those who wish to support their communities	£300 initially, up to £2500 if project successful.
02 Think Big is funded by the mobile network 02 and provides money, support or training to young people who wish to improve their community. If you have an idea that will benefit the place where you live, they can give you £300 and the support to make it happen.		
Visit the 02 Think Big website to apply and look at projects that have already been funded for ideas.		

<p>Prince's Trust Enterprise Programme www.princes-trust.org.uk</p>	<p>Funding, training and courses offered through variety of programmes</p>	<p>UK-wide</p>
<p>Enterprise programme: 18-30 Development Awards: 14-25</p>	<p>Enterprise programme: Young people interested in self employment</p> <p>Development Awards: Young people who need help to access education, training or work</p>	<p>Enterprise programme: Loans of up to £5000 offered over 1 – 3 years.</p> <p>Development Awards: cash awards of £50 - £500</p>
<p>The Prince's Trust runs programmes that encourage young people to take responsibility for themselves – helping you build the life you choose rather than the one you've ended up with.</p> <p><u>Enterprise programme:</u> The Enterprise programme helps young people interested in self employment to explore and test their ideas, write plans and start their own businesses, or achieve alternative outcomes in education, training, volunteering or work. You can apply if you have a business idea you want help to explore. To be eligible, you must be unemployed or working less than 16 hours a week.</p> <p><u>Development Awards:</u> These are small grants issued to enable young people to access education, training or work. Participants can receive a cash award to help undertake education or training or enhance their ability to gain employment. A Prince's Trust volunteer will also support the young person in setting goals, making decisions and finding other programmes or support.</p>		
<p>Visit the Prince's Trust website to discover more about the programme and access the online application form. Support at application level is available.</p>		

<p>Rank Foundation www.rankfoundation.com</p>	<p>Funding to encourage leadership and help disadvantaged young people.</p>	<p>UK-wide</p>
<p>18+</p>	<p>Those who have the potential to become a leader and educator</p>	<p>3 – 6 years depending on circumstance. Varied amounts</p>
<p>The Youth Workers' Apprenticeship Programme (YAP scheme) will support you if you have the potential to become a leader and educator, and if you are keen to develop as an individual, student and worker. This investment ranges from 3-6 years, depending on the individual circumstance. This programme is designed to combine work with young people and children as well as other members of the community with Foundation Level training and qualifications in youth, community, children's work and leadership.</p>		
<p>For more details about the YAP programme, please visit the Rank Foundation's website and see the online brochure, or contact one of the Youth Directors in the 'Contact Us' section.</p>		

<p>The Challenge Network www.the-challenge.org</p>	<p>Funded residential as part of National Citizen Service (a government funded programme)</p>	<p>London (all boroughs), Surrey, the West Midlands (Birmingham, Solihull, the Black Country, Coventry and Warwickshire) and the North West (Greater Manchester and Lancashire)</p>
<p>16–17</p>	<p>Anyone in year 11 or 12</p>	<p>Summer</p>
<p>NCS with The Challenge is an exciting opportunity for 16-17 year olds in the summer after your exams. The programme begins with 3 challenges (some of which are residential) over 15 days with breaks throughout, and is followed by four social action days which take place on weekends in the autumn.</p> <p>Benefits:</p> <ul style="list-style-type: none"> - The programme is a fun way to spend your summer - Anyone and everyone in Year 11 and 12 is welcome on the programme - Going on the programme gives you the edge over your peers - The programme counts towards certain parts of the Duke of Edinburgh award and is an easy and cost effective way to complete certain parts of DofE <ul style="list-style-type: none"> - If you're thinking about university The Challenge will look excellent on your UCAS form - The programme helps prepare you for life beyond school or college 		
<p>Visit The Challenge Network's website to find our more information about the scheme and sign up.</p>		

<p>The National Youth Theatre www.nyt.org.uk</p>	<p>Arts training</p>	<p>UK-wide</p>
<p>14 - 21</p>	<p>Talented young people interested in pursuing a career in the arts</p>	<p>Summer school (2 weeks long) August 2014</p>
<p>The National Youth Theatre of Great Britain is a world-leading youth arts organisation. They were established in 1956 as the first youth theatre in the world and over the past 56 years claim to have nurtured the talent of hundreds of thousands of young people.</p> <p>If you are interested in going into theatre, then the summer school will provide a stepping stone to enable you to do this. You can audition for either a Technical course or an acting course, where 2 weeks of intensive training will be provided. Upon completion of this course you will be a National Youth Theatre member. You can then audition for their shows each year to perform in leading venues. You will also have access to external opportunities approved by the Casting Director's Guild.</p>		
<p>Applications to audition are now open. You can apply online by visiting their website. They are auditioning in the following cities: Belfast, Birmingham, Bristol, Cardiff, Glasgow, London, Manchester, Newcastle, Norwich, Sheffield and Plymouth.</p> <p>If successful, you will be invited on to a Summer Course. The cost of the course is £399.00. To all successful applicants the National Youth Theatre will send out a fundraising pack to assist with raising money for your course (which has been extremely successful in the past for many attendees). There is a small bursary pot for those facing financial hardship and struggling with fundraising activity.</p>		

<p>Turn2Us www.turn2us.org.uk</p>	<p>Advice and funding search engine for education and hardship</p>	<p>England, Wales and Scotland</p>
<p>Various age groups</p>	<p>Various target groups</p>	<p>Different award amounts depending on the scheme</p>
<p>Turn2us is a charity that helps people in financial need to access welfare benefits, charitable grants and other financial help – online, by phone and face to face through our partner organisations.</p> <p>The Turn2Us website can help you find financial support, quickly and easily, based on your circumstances. It features a free and easy to use Benefits Calculator, Grants Search and other information and resources. Includes “the beginners guide to grants”: searching for grants; and applying for help.</p>		
<p>Visit the Turn2Us website to find out more. Telephone and face to face advice is also on offer through partner advice agencies. Registration may be required if you wish to apply for grants via Turn2Us’s website.</p>		

<p>UpRising www.uprising.org.uk</p>	<p>Funded part-time skills and knowledge programme</p>	<p>Must live, work or study in East London, Bedfordshire, Manchester & Salford, or Birmingham, Solihull & the Black Country.</p>
<p>19-25</p>	<p>Talented young adults from diverse backgrounds</p>	<p>9 months</p>
<p>The aim of UpRising is to ensure that the next generation of people entering public life are from diverse backgrounds and are connected to their communities and able to exercise power with responsibility, integrity and in the public interest.</p> <p>UpRising is a nine month, part-time, skills and knowledge programme, which will include the design and delivery of a social action campaign where you work with fellow UpRisers to tackle a real social issue in your area. The sessions take place in the evening so you can fit UpRising around your work, study and other commitments.</p> <p>The UpRising leadership programme consists of the following elements:</p> <ul style="list-style-type: none"> - A two-day residential leadership retreat - Personal coaching and goal setting from professionals to help you get more from the programme - Inspirational knowledge and skills sessions delivered by high profile leaders and educators. - Mentoring by local professionals who are matched to your career aspirations. - Design and delivery of your own social action campaign. - Behind the scenes visits to major institutions such as the BBC, the Houses of Parliament, and the City council. 		
<p>Applications are now open for the 2014 programme, and can be accessed through the website.</p>		

<p>UnLtd http://unltd.org.uk</p>	<p>Funding to start a new social enterprise</p>	<p>UK-wide. Star People certain areas only</p>
<p>Live UnLtd: 11- 21 Do It Awards and Star People: 16+</p>	<p>Target groups</p>	<p>Live UnLtd: up to £5,000, plus support to make ideas happen Star People: £500-£15,000</p>
<p><u>Live UnLtd Awards:</u> YOU'RE UNDER 21: You're aged 11-21 with an idea to make things better You want to challenge yourself to do something good for others You'd like support from someone who can help you set up your idea</p> <p><u>Star People awards:</u> YOU WANT TO IMPROVE YOUR AREA: You live in a 'Big Local Area*' and want to improve it You know your community, the challenges and opportunities it faces You want to gain skills and experience for yourself * Specific deprived areas around England – more info on the website.</p> <p><u>Do It Awards:</u> YOU'VE GOT AN IDEA: You want to create social change, you have an idea for how to do it You're passionate about making this happen in your area You'd like some support to start working on it and learning what works UnLtd is only able to fund a limited amount of Do It Awards per year. This means the application process is extremely competitive and they are not able to provide individual feedback to applicants who do not pass the initial assessment stage.</p>		
<p>Visit the UnLtd website and follow the instructions for the scheme you are most interested in. Most schemes involve completing a short application form and in many cases a meeting with UnLtd development staff.</p>		

<p>Venture Scotland www.venturescotland.org.uk</p>	<p>Funded outdoor based personal development programme</p>	<p>Across the central belt of Scotland</p>
<p>16 - 30</p>	<p>Young people willing to make a positive change in their life who are facing difficult and complex problems.</p>	<p>12 months</p>
<p>Venture Scotland offers a structured 12 month programme of adventure, conservation and personal development activities. Initially you will be supported through 6 months of activities consisting of 5 residentials, weekly day and evening activities and regular one-to-one sessions. After this you can choose to stay on for a further 6 months where you will be supported to gain employment, education, volunteering, further training and development.</p>		
<p>Look at Venture Scotland's website for more information. If you are interested and want to know more, give them a call on 0131 475 2395.</p>		

<p>Walcot Foundation www.walcotfoundation.org.uk</p>	<p>Funding to improve long-term future prospects</p>	<p>Lambeth residents</p>
<p>Mainly (but not only) under 30</p>	<p>Low-income young people</p>	<p>Up to £1,000 for non-childcare costs, up to £4,000 for childcare costs.</p>
<p>The Walcot Foundation makes grants to individuals in three main areas: helping students with costs; assisting with moving into work; developing exceptional talent.</p> <p><u>Students:</u> To help with the costs of a first degree or a first vocational (work related) qualification that has a strong likelihood of leading to work. You need to be at least 18 to apply. The Walcot Foundation's grants can cover costs such as course fees; travel costs; books; equipment; study/field trips and childcare.</p> <p><u>Moving into employment:</u> If you've been out of work for much of the last five years and haven't gained a degree or NVQ-4 (or equivalent) vocational qualification in the last ten years, they could make a grant to help you move into employment.</p> <p><u>Young people with exceptional talent held back by low income:</u> If you are a young person (aged between 10-18 years) from a low income Lambeth household who has exceptional talent in sports, arts, music, dance, drama or other areas, the Walcot Foundation can offer grants up to £500 to support your progress. These grants can be to help with such things as class and tuition fees, equipment, summer schools.</p>		
<p>Visit the Walcot Foundation website to read the Grant Guidance before applying. If you then consider yourself eligible, complete the online application form. You will have to provide detailed financial information and may be referred to a budgeting adviser or careers adviser (they provide these services for free).</p> <p>NB: Other Foundations in different areas will provide similar support. For more information, look at the Turn2Us website (details on page 12).</p>		

Basic guidance on applying for funding

Many funders are charities and have legal restrictions on who or what it can fund, called “charitable purposes”. Charitable purposes include the things we have mentioned, like the promotion of education and the relief of poverty and need.

If you apply for an opportunity, it can be formal. It can be also be competitive. Some funders have simplified the paperwork to make it easier to apply. To give yourself the best chance, do some research when preparing your application and, if you can, ask someone to read your application.

Unfortunately not every application for funding is successful. At PHF we fund about one in seven applications. If your application is not successful, there is no need to be discouraged. You can ask for some feedback on how your application could have been better, or you might need to try a few more just to increase your number of chances. If you send off ten applications for funding and are getting nowhere, though, we recommend you try something different.

If you are awarded funding or a volunteering organisation, you enter an agreement with that organisation. You commit to doing what you say (e.g. spending the money on what you said you would), and to report back at the end of the grant (if the funder asks for this – many do). Some ask for records of what money was spent on, and some even ask for receipts. Make sure to ask what records and reporting will be needed.

Turn2Us (Page 12) includes a basic guide to applying for funding, we recommend you take a look. For more info on this booklet, please contact information@phf.org.uk.

